

Pre-procedure patient information for Motility studies

Esophageal Manometry

- Arrive 15 minutes prior to appointment time for registration.
- Nothing to eat or drink after midnight the night before.
- No oral medications the morning of the procedure.
- The test is performed by a nurse. You will not see your physician at this appointment.
- You will not receive any sedation for this procedure and do not need to have a driver.
- The probe is inserted into the nose, down the esophagus, and into the stomach.
- The study measures esophageal muscle function, as well as providing information related to the strength/weakness of the lower esophageal sphincter.
- The appointment is scheduled for 1 ½ hours and could take longer based on the patient's tolerance.
- If you are scheduled for any type of cardiac stress test or monitoring, please notify your physician to determine if your test can proceed.
- If you are on any type of blood thinners or anticoagulants including aspirin, please notify your physician to determine if this test should be performed or instructions to follow in reference to these medications.
- No pain medication or muscle relaxers prior to procedure.
- You will need a COVID test within 72 hrs prior to procedure if not fully vaccinated.

24 hr pH study

- All instructions listed above apply to this procedure as well.
- This part of the procedure, if ordered, is done in conjunction with the Esophageal Manometry.
- You will return the following day, 24 hours later, to have the probe pulled. The nurse will give you the instructions for this the day of your procedure.